

110,000+

**PEOPLE IN THE US
HAVE BEEN DIAGNOSED
WITH BRONCHIECTASIS**

**1 out of 350
people**

**AGES 75 AND OLDER
HAVE BRONCHIECTASIS**

COMMON SYMPTOMS & SIGNS

COUGHING UP LARGE AMOUNTS
OF MUCUS EVERY DAY

SHORTNESS OF BREATH
THAT GETS WORSE DURING
EXACERBATIONS

FEELING RUN-DOWN OR
TIRED, ESPECIALLY DURING
EXACERBATIONS

FEVERS AND/OR CHILLS,
USUALLY DEVELOPING DURING
EXACERBATIONS

WHEEZING OR A WHISTLING
SOUND WHILE YOU BREATHE

COUGHING UP BLOOD
OR MUCUS MIXED WITH
BLOOD, A CONDITION
CALLED HEMOPTYSIS

CHEST PAIN



BRONCHIECTASIS

Bronchiectasis is a chronic lung condition in which the walls of the airways are abnormally enlarged and thickened from inflammation and infection. Because the airway walls are damaged, it is difficult for mucus to leave the body. Over time, the increase in mucus build-up can lead to infection, which once again may damage the airway walls.

A cycle of inflammation and infection can develop, ultimately leading to loss of lung function over time. People with bronchiectasis have periodic flare-ups of breathing difficulties, called exacerbations and are treated with antibiotics. Some treatment plans include long term antibiotic usage.



HEALTHY AIRWAY



BRONCHIECTASIS

\$630 Million

**IS THE ESTIMATED
ANNUAL EXPENDITURES
DUE TO BRONCHIECTASIS**

**1 out of 20,000
people**

**AGES 18 TO 34
HAVE BRONCHIECTASIS**

RISK FACTORS

BEING DIAGNOSED WITH CYSTIC
FIBROSIS

HAVING A CHRONIC
INFLAMMATORY LUNG DISEASE

CHRONIC OR SEVERE LUNG
INFECTIONS (SUCH AS
TUBERCULOSIS)

RECURRENT ASPIRATIONS
THAT CHRONICALLY DAMAGE
THE LUNGS



Bronchiectasis is a chronic condition that usually develops slowly over time. While it can never be cured, it is possible to slow the progress and protect lung function through effective management. That's why it is important for you to seek out a health-care provider who can work with you to improve your breathing.

Learn more by going to chestfoundation.org/Bronchiectasis

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