Cystic fibrosis (CF) is an inherited disease that causes thickened mucus to form in the lungs, pancreas, and other organs. In the lungs, this mucus blocks the airways, causing lung damage and making it hard to breathe. Sixty years ago, children diagnosed with CF did not survive childhood. But today, early diagnosis and better treatment has significantly improved quality of life as well as life expectancy.

WHAT ARE THE SYMPTOMS OF CF IN CHILDREN?
Children experience a combination of respiratory tract, digestive tract, and some general symptoms of CF, including:

- Coughing
- Difficulty breathing
- Frequent lung infections
- Greasy and bulky stool
- Sinus infections and nasal polyps
- Poor growth and weight gain
- Salty tasting skin
- Wheezing
- Shortness of breath
- Constipation
- Abdominal pain

Learn more at chestfoundation.org/cf

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Read the CHEST Foundation Patient Education Disclosure at https://foundation.chestnet.org/patient-education-disclosure