MAC Lung Disease

**MYTHS**

- MAC Lung Disease does not need to be treated.
- If I don’t have any pain and I haven’t started treatment, I don’t need to see my doctor.
- All doctors prescribe the same medicines to treat MAC Lung Disease.
- The side effects of treatment are worse than MAC Lung Disease.
- There is no cure for MAC Lung Disease.
- Once I’m diagnosed with MAC Lung Disease, I don’t need to have more sputum (mucus) tests.

**BUSTED**

- MAC Lung Disease can develop slowly. Some people may not need treatment right away. Your doctor will work with you to decide upon the best treatment and timing for you individually.
- You still need regular appointments. Your doctor needs to check you for symptoms and see if you need to start treatment.
- Your treatment will be individualized for you based upon the treatment guidelines. These guidelines list specific medicines and doses. You can ask if your doctor follows the guidelines.
- People may be able to handle treatment without major problems. You may experience side effects and need your treatment plan adjusted. You and your doctor can adjust your treatment plan as necessary to help manage side effects.
- Damage to lung tissue may be permanent, however, the infection can be treated, possibly preventing further damage. Treatment can get rid of the infection, but it is possible for the infection to return.
- You’ll need regular sputum analysis to look for MAC bacteria. This helps your doctor see if your treatment is working and how long your treatment should last.

Get more information at CHESTFoundation.org/NTM and AboutNTM.com

This educational campaign is produced in partnership with the American College of CHEST Physicians, and is sponsored by Insmed Incorporated.

[NP-US-01898] November 18, 2020