How to Use Your LONHALA® MAGNAIR®

LONHALA is an inhaled medication that you take using the MAGNAIR nebulizer. It’s important that you know how to use the LONHALA MAGNAIR system so that you can take your medication correctly and breathe better.

Important: Before using MAGNAIR for the first time, please refer to the manufacturer’s instructions for assembling the nebulizer.

To get LONHALA MAGNAIR ready for use, complete these steps:

1. Plug the one end of the AC adapter into the socket on the black battery door of the MAGNAIR.
2. Plug the other end of the AC adapter into a wall outlet.
   Note: The MAGNAIR can also run on batteries. Please refer to the manufacturer’s instructions for battery information.
3. Wash and dry your hands thoroughly.
4. Open the foil pouch that contains the LONHALA solution. Each pouch contains two vials of LONHALA.
5. Remove both LONHALA vials, and then separate them.
6. Return one vial to the foil pouch, and then place the pouch in the carrying bag.
   Important: You must use this vial within 7 days. If you don’t use the vial within 7 days, dispose of it properly.
7. Remove the medication cap from the top of the handset.
To take your dose of LONHALA, complete these steps:

**IMPORTANT:** Do not adjust or remove the medication cap until you have taken the full dose of LONHALA, or some of the dose may be lost.

1. Hold the handset upright, place the mouthpiece between your lips, and then close your lips around the mouthpiece. **Important:** Do not tilt the handset. Also, do not cover the blue valve on the mouthpiece.

2. Press the On/Off button on the controller to start your treatment.

3. Breathe in and out through the mouthpiece normally. Try to hold every fifth inspired breath for up to 5 seconds.
Each LONHALA MAGNAIR treatment lasts 2 to 3 minutes. At the end of your treatment, you will hear a beep, and the controller will turn off automatically.

**To remove the empty LONHALA vial, complete these steps:**

1. Unplug the cord that connects the handset and the controller.
2. Turn the medication cap counterclockwise until it releases, and then remove it from the handset.
3. Place the medication cap in your palm with the LONHALA vial facing up.
4. Press the medication cap against your palm until the vial pops loose.
5. Remove the empty vial.

**NOTE:** Dispose of the empty LONHALA vial properly. Keep this and all medications out of the reach of children and pets.

**To clean the MAGNAIR handset, complete these steps:**

1. Remove the mouthpiece from the handset by gently twisting the mouthpiece and pulling it away from the handset.
2. Loosen the blue valve until it is attached to the mouthpiece only by the long strap.
3. Lift the clasp on the side of the handset.
4. Grasp the aerosol head by the handle, and then remove the aerosol head from the handset. Important: Do not touch the center of the aerosol head.
5. Set the aerosol head aside.

6. Rinse all handset parts (except for the aerosol head) under warm running water for 10 seconds.

7. Wash all handset parts (except for the aerosol head) in warm, soapy water for 10 seconds. Important: Use clear dishwashing liquid.

8. Rinse all handset parts (except for the aerosol head) under warm running water for 10 seconds or until all the soap has been removed.

9. Repeat steps 6 through 8 to clean the aerosol head. Important: Rinse the aerosol head well to prevent medication clogging during treatment.

10. Carefully check all handset parts. If any part is still dirty, soak it in warm, soapy water for another 5 minutes, and then rinse well.

11. Carefully shake excess water off each handset part, and set it on a lint-free towel to air-dry. Important: Do not put the handset parts back together until you’re ready for another treatment.

Store the handset parts in the carrying back that came with your MAGNAIR.

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