

Using Your Child's MDI with a Spacer and Mask

To make your child's breathing better, you **MUST** give your child the medicine as explained below. Following these instructions puts more of the medicine in your child's lungs. This will help open up the air passages in your child's lungs and help them breathe easier and feel better.

You need to ask your child's healthcare provider or pharmacist how many puffs the MDI has when it is full. You need to keep track of how many puffs of medicine your child takes every day so you can have the MDI refilled before your child runs out of medicine.

Before using the MDI, please read the back of this page for priming or preparing instructions. The MDI and spacer should be cleaned about once a week; see the back of this page for cleaning instructions.

To use your child's metered-dose inhaler with a spacer and mask, complete these steps:



1. Take cap off the MDI. Check for and remove any dust, lint, or other objects seen.
2. Shake the MDI well.



3. Attach the MDI to spacer.



4. Have the child sit up straight or stand. Place the mask over the child's nose and mouth. The mask should be held on the face firmly enough so none of the medicine can escape.



5. Press down on the MDI. This puts 1 puff of medicine in the spacer.



6. To breathe in that one puff of medicine, the child should breathe in and out normally for six breaths. Do not remove the mask until the sixth breath is complete.



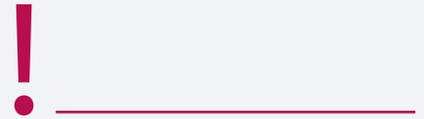
7. Remove the mask from the child's face.
8. If your child needs to take another puff of medicine wait 1 minute. After 1 minute repeat steps 2-7.



- 9.** Have your child rinse their mouth out with water after the last puff of medicine. Make sure the child spits the water out. Don't allow the child to swallow the water. Rinsing is only necessary if the medicine your child just took was a corticosteroid, such as Flovent[®], Beclovent[®], Vanceri[®], Aerobid[®], or Azmacort[®].



- 10.** Recap the MDI.



Use the instructions provided to clean your child's inhaler once a week. Store your child's inhaler in a cool, dry place.

Keep your child's metered-dose inhaler and all medications out of the reach of children and pets.