

### How to Use Your Respimat® Inhaler

Your clinician has prescribed medication that comes in a Respimat inhaler. It is important that you know how to use the Respimat device so that you can take your medication correctly and breathe better.

#### Loading Your Inhaler

Follow these instructions to prepare your inhaler; you will need to do this every time you change the cartridge:



1. Remove the clear base by pressing the safety catch button.



2. Insert the medication cartridge into the inhaler.



3. Place the inhaler on a firm surface, and push downwards to make sure the cartridge is all the way inside the inhaler.



4. Replace the clear base.



5. Turn the clear base in the direction of the arrows until you hear a click.



6. Open the cap.
7. Point the inhaler downward, and press the release button.

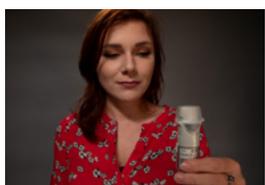


8. Close the cap. Repeat steps 5-7 until you see a mist come from the inhaler. Repeat steps 5-7 three more times. Your inhaler is now ready to use.



#### Using Your Inhaler

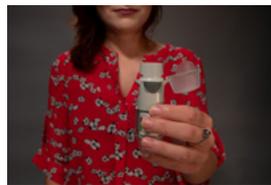
To use your Respimat inhaler, complete these instructions:



1. Sit up straight or stand up.
2. Hold the Respimat inhaler upright in one hand.



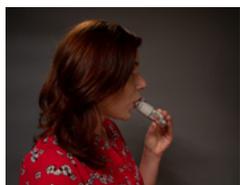
3. Turn the clear base in the direction of the arrows until you hear a click.



4. Open the cap.



5. Hold the inhaler away from your face, and then breathe out.



6. Place the inhaler between your lips, and point it toward the back of your throat. Close your lips around the mouthpiece.



**Important:** Do not cover the air vents on the sides of the inhaler with your fingers.

7. Take a slow, deep breath, and press the release button. Inhale the medicine.



8. Hold your breath for 10 seconds. If you cannot hold your breath for 10 seconds, hold it as long as you can.



9. Breathe out slowly.



10. Close the cap.

11. If you need another dose, repeat steps 3-10.

Dispose of the empty cartridge properly. Keep the Respimat device and all medications out of the reach of children and pets.