

QUESTIONS TO ASK YOUR DOCTOR

TIP:

REMOVE OR
PRINT THIS PAGE
AND TAKE IT TO
YOUR DOCTOR
APPOINTMENT.

An ILD diagnosis can be scary at first. Having the right information will help you to feel in control of your condition. Here are some questions you may want to ask your doctor to better understand how to live with ILD.

● ASK ABOUT YOUR ILD DIAGNOSIS:

- What type of ILD do I have?
- Can I get a second opinion to confirm my diagnosis?
- Will I need to have a lung biopsy?
- What caused my ILD?
- How severe is my disease?
- How will ILD affect my everyday life?
- Will my disease get worse?
- How will I know if it's getting worse?
- Will I need oxygen?
- What kinds of tests will I need to monitor my ILD?
- How often will I have to go to the doctor?

● ASK ABOUT TREATMENT AND SUPPORT:

- What can I do about my persistent cough?
- Where can I find a support group?
- Will pulmonary rehabilitation help?
- Are there medications for my ILD?
- Do the medications for my condition have side effects?
- Can I have a lung transplant?
- Do I need palliative care now? Will I need it in the future?
- Are there any clinical trials that I could participate in?

● ASK ABOUT OXYGEN THERAPY:

- Should I use my supplemental oxygen all the time or just sometimes?
- What oxygen flow rate should I use?
- Can I travel with my supplemental oxygen?
- Should I be checking my oxygen saturation levels at home?

● ASK ABOUT HOW TO STAY HEALTHY:

- What should I do if I get a cold, the flu, or pneumonia?
- How will my doctor monitor my ILD?
- What health problems might arise with my condition?
- What should I do if my symptoms get worse suddenly?