# CTEPH Patient/Doctor Checklist

## Questions About Testing for CTEPH
- Will I need radiographs or x-rays to determine if I have CTEPH? Which kinds?
- Will I need exercise or breathing tolerance tests?
- Will I need CT scans or MRI tests?
- Will I need an echocardiogram?
- Will I have to have a right-sided heart catheterization?
- Where will the testing take place for each test?
- Are any of these tests invasive?
- Do any of these tests have side effects?
- Will I be able go home after each test?
- How long will it take to complete testing and have a diagnosis?

## Questions About Your Diagnosis
- Do I have pulmonary hypertension?
- Do I have CTEPH?
- What did each test tell you about my condition?
- Did any of the tests show signs of heart failure? If so, what kind?
- How would you grade the severity of my CTEPH – mild, moderate, or severe?
- What are the next steps?

## Questions About Your Treatment
- How quickly do we need to act, and why?
- Do I need/qualify for surgery?
- What happens during the PTE (pulmonary thromboendarterectomy) surgery?
- What medical facility is used for this surgery?
- What are the risks of the surgery?
- How likely is it that surgery will resolve my condition?
- How long does it take to recover from the surgery?
- Do I need to take blood thinners?
- Will I need to take any other medications? If so, what are they and what will they do?
- Where can I find reliable information and support related to CTEPH?
- How often will I need follow-up testing?
- Do you have experience with CTEPH? How many patients do you see with this problem?

## Questions About Your Lifestyle
- What can I do to help control my disease?
- Do I need to adjust my diet? If so, how?
- Do I need to change how much fluid I drink?
- Can I/do I need to exercise? What kind of exercise? Where can I get support?
- Do I need to lose or gain weight?
- Can I continue smoking?
- Will I need oxygen therapy?
- (If applicable) Will being overweight mean I can’t have the surgery?

Learn more by going to chestfoundation.org/cteph