

How to Use Your Ellipta® Inhaler

Your clinician has prescribed medication that comes in an Ellipta inhaler. It's important that you know how to use the Ellipta device so that you take your medication correctly and breathe better.

To use your Ellipta inhaler, complete these steps:



Important: Before using your Ellipta inhaler for the first time, make sure 30 appears in the dose indicator window. This window shows the number of doses left in the inhaler. The device counts down by 1 each time you open the cover.



1. Slide the cover of the inhaler down until you hear a click. The curved mouthpiece appears.
Note: The counter has counted down by 1.



2. Hold the inhaler away from your face, and then breathe out.



Important: Do not blow into the inhaler.



3. Place the mouthpiece between your lips, and then close your lips around the mouthpiece.

Important: Do not cover the air vents on the sides of the inhaler with your fingers.



4. Take one long, steady, deep breath through your mouth and the inhaler. Breathe in fast and deep.



5. Remove the inhaler from between your lips.
6. Hold your breath for 3 to 5 seconds (or as long as you can).



7. Turn your head, and breathe out slowly and gently away from the inhaler.



8. Close the inhaler cover over the curved mouthpiece.



9. Rinse your mouth with water, and then spit the water out.



When fewer than 10 doses remain in the Ellipta device, the left half of the counter turns red to remind you to get a refill.

When you have inhaled the last dose in the Ellipta device, the dose indicator window will show 0. Your inhaler is empty.

Dispose of the empty inhaler properly. Keep the Ellipta device and all medications out of the reach of children and pets.